



WorldsYoga

UNION CITY

3909 Smith Street
 Union City, CA 94587
 (510) 441-9642

unioncity.worldsyoga.com

2017 CLASS SCHEDULE - EFFECTIVE SEPTEMBER 8TH

Please see our online live schedule for the latest updates

	MON	TUES	WED	THUR	FRI	SAT	SUN
Early AM		Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Power 7:45 - 8:45am	
AM	Vinyasa Moderate 9:30 - 10:30am	VinyaRestore 9 - 10am	VinyaRestore 9:15 - 10:30am	VinyaRestore 9 - 10am	Power 9:30 - 10:30am	Vinyasa Moderate 9 - 10:15am	Vinyasa 9 - 10:15am
			Meditation 10:45 - 11:45am				Hotstone Restorative 10:30 - 11:45am
Noon	Power 12 - 1pm	Power 12 - 1pm	Power 12 - 1pm	Power 12 - 1pm	Power 12 - 1pm	Vinyasa-Gentle 12 - 1pm	Power 10:30 - 11:45am Vinyasa Flow 10:30 - 11:45am
Evening	Vinyasa Moderate 5 - 6:15pm	Vinyasa-Gentle 5 - 6:15pm	Vinyasa Fusion 5:45 - 7pm	Vinyasa Moderate 5 - 6:15pm	Power 5 - 6pm		VinyaRestore 5 - 6:15pm
		Vinyasa 6:30 - 7:45pm			Vinyasa Fusion 6:30 - 7:45pm		
	VinyaRestore 6:30 - 7:45pm	Yin 6:30 - 7:30pm	Vinyasa-Gentle 6:30 - 7:45pm	Yin 6:30 - 7:30pm	Candlelight Yin 6:30 - 7:45pm		
	Power 8 - 9pm	Vinyasa Flow 8 - 9:15pm	Power 8 - 9pm	Power 8 - 9pm			

Get the Most out of Your Practice

- Be on your mat ready when class starts
- Don't leave class early
- Practice on an empty stomach
- Drink water before and after practice

Important to Note:

- Classes close 5 minutes past the start time or when full
- Phones must be switched off while in studio

New Student Special

- 15 Days* unlimited Yoga \$25

*15 Consecutive days
 Arrive 15 minutes early on your 1st visit

Class Rates

- 1 Class: \$16** (Drop-in)
- 5 Classes: \$75** (valid 2 months)
- 10 Classes: \$130** (valid 5 months)
- 20 Classes: \$240** (valid 10 months)
- 30 Classes: \$330** (valid 12 months)
- 60 Classes: \$600** (valid 18 months)

One Month Unlimited is \$129**

** valid at the studio it is purchased at

WY Membership is \$109[^]

- Unlimited access to all WY studios
- 10% off Retail
- 10% off events, workshops & series
- Bring 3 new guests per month

[^]per month; 3 months minimum commitment w/monthly auto renewal; 30 day cancellation notice required. 2 hold/year (1st free, 2nd \$35)

- Seniors (over 65)/Full-time College Students: 20% off full prices (Proof Required)
- All offers subject to change without notice
- All Sales are final and not refundable

Indicates classes heated between 80 - 90 degrees

Indicates classes heated at or above 90 degrees