



# WorldsYoga

UNION CITY

3909 Smith Street  
 Union City, CA 94587  
 (510) 441-9642

[unioncity.worldsyoga.com](http://unioncity.worldsyoga.com)

## 2017 CLASS SCHEDULE – EFFECTIVE NOVEMBER 15TH

Please see our online live schedule for the latest updates

	MON	TUES	WED	THUR	FRI	SAT	SUN
Early AM		Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Sunrise Flow 6:30 - 7:30am	Power 7:45 - 8:45am	
AM	Vinyasa Moderate 9:30 - 10:30am	VinyaRestore 9 - 10am	VinyaRestore 9:15 - 10:30am	VinyaRestore 9 - 10am	Vinyasa Moderate 9:30 - 10:30am	Vinyasa Moderate 9 - 10:15am	Vinyasa 9 - 10:15am
			Meditation 10:45 - 11:45am				Hotstone Restorative 10:30 - 11:45am
Noon	Power 12 - 1pm	Power 12 - 1pm	Power 12 - 1pm	Power 12 - 1pm	Power 12 - 1pm	Vinyasa-Gentle 12 - 1pm	
Evening	Vinyasa Moderate 5 - 6:15pm	Vinyasa-Gentle 5 - 6:15pm	Vinyasa Fusion 5:45 - 7pm	Vinyasa Moderate 5 - 6:15pm	Power 5 - 6pm		VinyaRestore 5 - 6:30pm
		Vinyasa 6:30 - 7:45pm			Vinyasa Fusion 6:30 - 7:45pm		
	VinyaRestore 6:30 - 7:45pm	Yin 6:30 - 7:45pm	VinyaRestore 6:30 - 7:45pm	Yin 6:30 - 7:45pm	Candlelight Yin 6:30 - 7:45pm		
	Power 8 - 9pm	Vinyasa Flow 8 - 9:15pm	Power 8 - 9pm	Power 8 - 9pm			

Indicates classes heated up to 80 degrees

Indicates classes heated to 90 degrees

### Get the Most out of Your Practice

- Be on your mat ready when class starts
- Don't leave class early
- Practice on an empty stomach
- Drink water before and after practice

### Important to Note:

- Classes close 5 minutes past time or when full
- Phones must be switched off while in studio
- Children Can NOT Attend Adult Classes

### New Student Special

- 15 Consecutive Days\* unlimited for \$25\*

\*Arrive 15 minutes early on your 1st visit

### Regular Class Rates

- 1 Class: \$16\*\* (Drop-in)
- 5 Classes: \$75\*\* (valid 2 months)
- 10 Classes: \$130\*\* (valid 5 months)
- 20 Classes: \$240\*\* (valid 10 months)
- 30 Classes: \$330\*\* (valid 12 months)
- 60 Classes: \$600\*\* (valid 18 months)

One Month Unlimited is \$129\*\*  
 \*\* valid at the studio it was purchased at

### WY Contract Membership<sup>^</sup>:

- 3 Month Contract: \$99 monthly
- 6 Month Contract: \$89 monthly
- 12 Month Contract: 10 payments of \$79 monthly

### WY Member Benefits:

- Unlimited access to all WY studios
- 10% off Retail, Events, Workshops & Series
- Bring 3 new guests per month

<sup>^</sup>3, 6 or 12 months commitment with auto renewal; written cancellation notice is required 15 days or more before contract renewal date. 3 one month holds per year with \$25 hold fee for each hold

- Seniors (over 65)/Full-time College Students: 10% off full prices (Proof Required)  
 - All offers subject to change without notice  
 - All Sales are final and not refundable